

Non-PDF Optimization Instructions

Preparing videos

Render all video files to the following specifications:

1. Optimal video size:

1280x720

2. File type:

.mp4

3. Settings:

30fps recommended

4. File size:

128 MB maximum ([contact us](#) if special accommodations are needed)

Preparing audio files

Prep all audio files to the following specifications:

1. File type:

.mp3

2. File size:

128 MB maximum ([contact us](#) if special accommodations are needed)

Preparing HTML 5 apps

Prep all HTML 5 packages to the following specifications:

1. Create a folder with all applicable HTML5 files including
 - a. index.html
 - b. css folder
 - c. js folder
 - d. images folder
 - e. etc.

2. Compress the folder into a .zip file

Please contact us at empower@lifesciencemedia.com if you have any questions, or need help prepping your files.